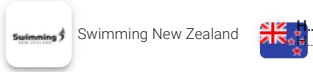




NAGS Apollo PROJECTS

NAGS Apollo 2023 APR 12 2023



200m Individual Medle... Final

2023 Apollo Projects NZ Age Group S...

Points Swimmers Files Scoreboard
























Session 1 Wed 09:10 AM	Session 2 Wed LIVE	Session 3 Thu 09:10 AM	Session 4 Thu 05:40 PM	Session 5 Fri 09:10 AM	Session 6 Fri 05:40 PM	Session 7 Sat 09:10 AM	Session 8 Sat 05:40 PM
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Session 2 Wednesday 05:40 PM	
1	05:40 PM 400m Freestyle Women Fi...
2	06:15 PM 100m Butterfly Men Final
3	06:30 PM 100m Butterfly Women Final
4	06:46 PM 100m Breaststroke Men Fi...
101	07:03 PM 100m Breaststroke Men M...
102	07:09 PM 100m Breaststroke Wome...
5	07:39 PM 200m Individual... LIVE
6	08:02 PM 50m Backstroke Men Final
7	08:16 PM 50m Backstroke Women Fi...
8	08:30 PM 800m Freestyle Men Final 2
9	08:42 PM 4x50m Freestyle Mixed Fin...
90	08:52 PM 4x50m Freestyle Mixed 16 ...

1 **400m Freestyle Women Final** Official







Qualified Heats

Rank	Competitor	Age	Club	RT	FINA	Result
1	Osborne Su...	17	North Shore ...	+0.71		4:21.06 Entry: 4:28.35 (- 7.29)
	50m: 30.22		100m: 1:03.30 (33.08)			
	150m: 1:36.34 (33.04)		200m: 2:10.01 (33.67)			
	250m: 2:42.85 (32.84)		300m: 3:16.22 (33.37)			
	350m: 3:49.10 (32.88)		400m: 4:21.06 (31.96)			
2	Allott Keira	18	Mt Maungan...	+0.79		4:21.15 Entry: 4:22.76 (- 1.61)
	50m: 30.24		100m: 1:02.81 (32.57)			
	150m: 1:35.87 (33.06)		200m: 2:09.25 (33.38)			
	250m: 2:42.58 (33.33)		300m: 3:16.07 (33.49)			
	350m: 3:49.04 (32.97)		400m: 4:21.15 (32.11)			
3	Abdou Hanna	16	Wharenui Sw...	+0.82		4:24.42 Entry: 4:36.87 (- 12.45)
	50m: 30.50		100m: 1:03.41 (32.91)			
	150m: 1:36.33 (32.92)		200m: 2:09.60 (33.27)			
	250m: 2:42.48 (32.88)		300m: 3:16.28 (33.80)			
	350m: 3:50.46 (34.18)		400m: 4:24.42 (33.96)			
4	Allan Eva	17	United Swim...	+0.72		4:25.31 Entry: 4:31.95 (- 6.64)
	50m: 29.42		100m: 1:02.40 (32.98)			
	150m: 1:36.24 (33.84)		200m: 2:10.20 (33.96)			
	250m: 2:43.81 (33.61)		300m: 3:18.09 (34.28)			
	350m: 3:51.46 (33.37)		400m: 4:25.31 (33.85)			
5	McEwan Tal...	17	Mt Maungan...	+0.73		4:26.72 Entry: 4:30.06 (- 3.34)
	50m: 30.20		100m: 1:03.61 (33.41)			
	150m: 1:36.88 (33.27)		200m: 2:10.61 (33.73)			
	250m: 2:44.60 (33.99)		300m: 3:19.09 (34.49)			
	350m: 3:53.38 (34.29)		400m: 4:26.72 (33.34)			
6	Bennett Bro...	16	Vikings Swi...	+0.87		4:26.91 Entry: 4:27.57 (- 0.66)
	50m: 30.14		100m: 1:02.79 (32.65)			
	150m: 1:36.48 (33.69)		200m: 2:10.52 (34.04)			
	250m: 2:44.58 (34.06)		300m: 3:18.84 (34.26)			
	350m: 3:53.24 (34.40)		400m: 4:26.91 (33.67)			
7	Wansbroug...	16	Aquabladz ...	+0.78		4:27.65 Entry: 4:30.99 (- 3.34)
	50m: 29.82		100m: 1:02.65 (32.83)			
	150m: 1:36.09 (33.44)		200m: 2:10.17 (34.08)			
	250m: 2:44.04 (33.87)		300m: 3:18.71 (34.67)			
	350m: 3:53.42 (34.71)		400m: 4:27.65 (34.23)			
8	Sweetman ...	17	Howick Paku...	+0.78		4:28.61 Entry: 4:32.41 (- 3.80)
	50m: 30.37		100m: 1:03.75 (33.38)			

	150m: 1:37.84 (34.09) 250m: 2:46.42 (34.18) 350m: 3:55.90 (34.87)	200m: 2:12.24 (34.40) 300m: 3:21.03 (34.61) 400m: 4:28.61 (32.71)	
9	 Finer Emilia	18  Neptune Swi... +0.74	4:28.78 Entry: 4:29.83 (- 1.05)
	50m: 30.51 150m: 1:38.15 (33.74) 250m: 2:46.92 (34.30) 350m: 3:56.08 (34.45)	100m: 1:04.41 (33.90) 200m: 2:12.62 (34.47) 300m: 3:21.63 (34.71) 400m: 4:28.78 (32.70)	
10	 Hay Sophie	16  Hamilton Aq... +0.79	4:28.99 Entry: 4:33.82 (- 4.83)
	50m: 30.52 150m: 1:36.88 (33.39) 250m: 2:45.52 (34.41) 350m: 3:55.13 (34.76)	100m: 1:03.49 (32.97) 200m: 2:11.11 (34.23) 300m: 3:20.37 (34.85) 400m: 4:28.99 (33.86)	
11	 Emmett Oliv...	15  Hamilton Aq... +0.77	4:29.07 Entry: 4:31.71 (- 2.64)
	50m: 29.13 150m: 1:35.82 (34.11) 250m: 2:45.63 (35.01) 350m: 3:55.54 (34.58)	100m: 1:01.71 (32.58) 200m: 2:10.62 (34.80) 300m: 3:20.96 (35.33) 400m: 4:29.07 (33.53)	
12	 De Coster N...	15 St Paul's Swi... +0.74	4:30.13 Entry: 4:36.54 (- 6.41)
	50m: 30.25 150m: 1:37.57 (33.94) 250m: 2:47.29 (34.41) 350m: 3:57.14 (34.50)	100m: 1:03.63 (33.38) 200m: 2:12.88 (35.31) 300m: 3:22.64 (35.35) 400m: 4:30.13 (32.99)	
13	 Peters Chloe	15  Hamilton Aq... +0.65	4:33.51 Entry: 4:36.45 (- 2.94)
	50m: 29.95 150m: 1:37.36 (34.10) 250m: 2:47.71 (35.10) 350m: 3:58.82 (35.24)	100m: 1:03.26 (33.31) 200m: 2:12.61 (35.25) 300m: 3:23.58 (35.87) 400m: 4:33.51 (34.69)	
14	 Wilson Ava	14 Carterton Sw... +0.74	4:35.32 Entry: 4:43.73 (- 8.41)
	50m: 30.73 150m: 1:39.03 (34.51) 250m: 2:49.66 (35.61) 350m: 4:00.62 (35.11)	100m: 1:04.52 (33.79) 200m: 2:14.05 (35.02) 300m: 3:25.51 (35.85) 400m: 4:35.32 (34.70)	
15	 Hamblyn-O...	17  Coast Swim... +0.72	4:36.49 Entry: 4:35.36 (+ 1.13)
	50m: 31.41 150m: 1:41.34 (35.19) 250m: 2:51.95 (35.11) 350m: 4:02.84 (35.14)	100m: 1:06.15 (34.74) 200m: 2:16.84 (35.50) 300m: 3:27.70 (35.75) 400m: 4:36.49 (33.65)	
16	 Parmenter ...	15  Jasi Swim C... +0.73	4:37.23 Entry: 4:43.39 (- 6.16)
	50m: 29.60 150m: 1:36.67 (33.73) 250m: 2:47.48 (35.67) 350m: 4:01.65 (37.06)	100m: 1:02.94 (33.34) 200m: 2:11.81 (35.14) 300m: 3:24.59 (37.11) 400m: 4:37.23 (35.58)	
17	 Shotter Tara	17  Aquabladz ... +0.76	4:38.06 Entry: 4:39.36 (- 1.30)
	50m: 30.54 150m: 1:40.05 (35.35) 250m: 2:51.26 (35.88) 350m: 4:03.39 (36.14)	100m: 1:04.70 (34.16) 200m: 2:15.38 (35.33) 300m: 3:27.25 (35.99) 400m: 4:38.06 (34.67)	
18	 Brennan Eli...	16  Coast Swim... +0.70	4:39.56 Entry: 4:40.46 (- 0.90)
	50m: 30.39 150m: 1:39.10 (35.16) 250m: 2:51.64 (36.47) 350m: 4:04.36 (36.07)	100m: 1:03.94 (33.55) 200m: 2:15.17 (36.07) 300m: 3:28.29 (36.65) 400m: 4:39.56 (35.20)	
19	 Tapper Alys...	15  St Peter's S... +0.70	4:39.70 Entry: 4:37.59 (+ 2.11)
	50m: 30.61 150m: 1:38.73 (34.56) 250m: 2:50.77 (35.74) 350m: 4:04.36 (36.41)	100m: 1:04.17 (33.56) 200m: 2:15.03 (36.30) 300m: 3:27.95 (37.18) 400m: 4:39.70 (35.34)	
20	 Botha Mich...	17 Howick Paku... +0.75	4:39.84 Entry: 4:39.95 (- 0.11)
	50m: 31.66 150m: 1:41.27 (35.55) 250m: 2:52.74 (36.22) 350m: 4:05.05 (36.29)	100m: 1:05.72 (34.06) 200m: 2:16.52 (35.25) 300m: 3:28.76 (36.02) 400m: 4:39.84 (34.79)	
21	 Riley Ariella	14  Hamilton Aq... +0.78	4:40.46 Entry: 4:46.73 (- 6.27)
	50m: 31.62 150m: 1:43.18 (36.47)	100m: 1:06.71 (35.09) 200m: 2:19.31 (36.13)	

		250m: 2:54.22 (34.91) 350m: 4:05.91 (35.67)		300m: 3:30.24 (36.02) 400m: 4:40.46 (34.55)	
22	 Yamagami ...	13	Howick Paku... +0.71	4:41.14 Entry: 4:50.82 (- 9.68)	
		50m: 30.91 150m: 1:40.71 (35.42) 250m: 2:53.38 (36.15) 350m: 4:06.16 (36.94)		100m: 1:05.29 (34.38) 200m: 2:17.23 (36.52) 300m: 3:29.22 (35.84) 400m: 4:41.14 (34.98)	
23	 King Hannah	17	 Aquagym S... +0.79	4:42.02 Entry: 4:39.94 (+ 2.08)	
		50m: 31.28 150m: 1:41.51 (35.34) 250m: 2:53.43 (36.03) 350m: 4:06.29 (36.34)		100m: 1:06.17 (34.89) 200m: 2:17.40 (35.89) 300m: 3:29.95 (36.52) 400m: 4:42.02 (35.73)	
24	 Haydon Gra...	16	Wharenui Sw... +0.72	4:42.20 Entry: 4:46.67 (- 4.47)	
		50m: 32.16 150m: 1:43.21 (35.81) 250m: 2:56.03 (36.18) 350m: 4:07.22 (35.27)		100m: 1:07.40 (35.24) 200m: 2:19.85 (36.64) 300m: 3:31.95 (35.92) 400m: 4:42.20 (34.98)	
25	 MacDonald ...	14	United Swim... +0.74	4:42.70 Entry: 4:50.16 (- 7.46)	
		50m: 31.13 150m: 1:42.20 (35.66) 250m: 2:54.71 (36.40) 350m: 4:07.46 (35.71)		100m: 1:06.54 (35.41) 200m: 2:18.31 (36.11) 300m: 3:31.75 (37.04) 400m: 4:42.70 (35.24)	
26	 Macdonald ...	15	Enterprise S... +0.72	4:44.39 Entry: 4:45.58 (- 1.19)	
		50m: 31.23 150m: 1:41.74 (35.63) 250m: 2:55.43 (36.54) 350m: 4:08.96 (36.30)		100m: 1:06.11 (34.88) 200m: 2:18.89 (37.15) 300m: 3:32.66 (37.23) 400m: 4:44.39 (35.43)	
27	 Austin Amel...	16	St Paul's Swi... +0.81	4:44.42 Entry: 4:49.32 (- 4.90)	
		50m: 32.00 150m: 1:42.80 (35.90) 250m: 2:55.89 (36.94) 350m: 4:09.12 (36.46)		100m: 1:06.90 (34.90) 200m: 2:18.95 (36.15) 300m: 3:32.66 (36.77) 400m: 4:44.42 (35.30)	
28	 Roberts Ari...	16	Evolution Aq... +0.78	4:44.77 Entry: 4:52.17 (- 7.40)	
		50m: 31.63 150m: 1:43.12 (36.13) 250m: 2:56.44 (36.97) 350m: 4:10.53 (36.95)		100m: 1:06.99 (35.36) 200m: 2:19.47 (36.35) 300m: 3:33.58 (37.14) 400m: 4:44.77 (34.24)	
29	 Dodunski Fr...	14	 TBSS Centra... +0.72	4:45.98 Entry: 4:48.05 (- 2.07)	
		50m: 30.86 150m: 1:40.62 (35.33) 250m: 2:54.74 (37.20) 350m: 4:09.19 (37.39)		100m: 1:05.29 (34.43) 200m: 2:17.54 (36.92) 300m: 3:31.80 (37.06) 400m: 4:45.98 (36.79)	
30	 Pratt-Smith ...	15	Mt Maungan... +0.77	4:46.65 Entry: 4:45.05 (+ 1.60)	
		50m: 31.77 150m: 1:43.63 (36.77) 250m: 2:57.82 (37.11) 350m: 4:11.47 (36.85)		100m: 1:06.86 (35.09) 200m: 2:20.71 (37.08) 300m: 3:34.62 (36.80) 400m: 4:46.65 (35.18)	
31	 van Veldhui...	15	Heretaunga ... +0.83	4:47.45 Entry: 4:50.09 (- 2.64)	
		50m: 31.72 150m: 1:42.50 (36.12) 250m: 2:56.66 (37.16) 350m: 4:11.35 (37.22)		100m: 1:06.38 (34.66) 200m: 2:19.50 (37.00) 300m: 3:34.13 (37.47) 400m: 4:47.45 (36.10)	
32	 Cochran Je...	15	Pukekohe S... +0.67	4:47.76 Entry: 4:46.29 (+ 1.47)	
		50m: 31.54 150m: 1:42.74 (36.11) 250m: 2:57.15 (37.69) 350m: 4:12.37 (37.98)		100m: 1:06.63 (35.09) 200m: 2:19.46 (36.72) 300m: 3:34.39 (37.24) 400m: 4:47.76 (35.39)	
33	 Sonerson C...	16	Pirates Swim... +0.74	4:49.13 Entry: 4:51.05 (- 1.92)	
		50m: 31.95 150m: 1:44.34 (36.21) 250m: 2:58.00 (36.84) 350m: 4:12.69 (36.50)		100m: 1:08.13 (36.18) 200m: 2:21.16 (36.82) 300m: 3:36.19 (38.19) 400m: 4:49.13 (36.44)	
34	 Conley Paige	13	 Whanganui ... +0.82	4:52.28 Entry: 4:53.54 (- 1.26)	
		50m: 31.61 150m: 1:42.93 (36.49) 250m: 2:55.27 (35.79)		100m: 1:06.44 (34.83) 200m: 2:19.48 (36.55) 300m: 3:33.66 (38.39)	

350m: 4:13.80 (40.14) 400m: 4:52.28 (38.48)

35	 Nadilo Mari...	14	 Nga Tai Tuat... +0.73	4:54.33 Entry: 4:56.78 (- 2.45)
	50m: 30.93 150m: 1:42.99 (36.76) 250m: 2:58.62 (37.83) 350m: 4:16.17 (38.51)		100m: 1:06.23 (35.30) 200m: 2:20.79 (37.80) 300m: 3:37.66 (39.04) 400m: 4:54.33 (38.16)	
36	 Henderson ...	16	 Aquagym S... +0.74	4:54.97 Entry: 4:48.14 (+ 6.83)
	50m: 32.21 150m: 1:45.93 (37.48) 250m: 3:01.42 (37.76) 350m: 4:17.65 (37.87)		100m: 1:08.45 (36.24) 200m: 2:23.66 (37.73) 300m: 3:39.78 (38.36) 400m: 4:54.97 (37.32)	
37	 Yang Ming...	13	Dannevirke S... +0.81	4:59.11 Entry: 5:08.50 (- 9.39)
	50m: 31.57 150m: 1:45.15 (37.40) 250m: 3:02.31 (38.30) 350m: 4:21.32 (39.97)		100m: 1:07.75 (36.18) 200m: 2:24.01 (38.86) 300m: 3:41.35 (39.04) 400m: 4:59.11 (37.79)	
38	 Hingston Fr...	15	United Swim... +0.73	4:59.44 Entry: 4:50.17 (+ 9.27)
	50m: 30.62 150m: 1:42.32 (36.85) 250m: 3:01.22 (40.28) 350m: 4:21.08 (39.71)		100m: 1:05.47 (34.85) 200m: 2:20.94 (38.62) 300m: 3:41.37 (40.15) 400m: 4:59.44 (38.36)	